

Pineapple Pro Tip

Lead from the Heart – National Make a Difference Day



National Make a Difference Day – The History

Make a Difference Day was created in 1992 by USA WEEKEND magazine and joined by Points of Light. Together they sponsored the largest national day of community service for more than twenty years.

It's a great opportunity to get intentional about Leading from the Heart and getting your do-good on! Here are 30 simple ideas to get you started. I'd love to hear what you do on social with the hashtag #wisewednesday #difference

1. Donate school supplies to your local elementary school
2. Declutter your closet and donate clothes to a charity, friend, or church.
3. Donate blood – one pint of blood can save up to three lives.
4. Volunteer to read to kids at the local library, pre-school, elementary school, or special needs class
5. Volunteer to drive a senior citizen to the store or doctor.
6. Work with a local animal shelter to walk dogs or help with the animals.
7. Help a friend with something – moving, cleaning, babysitting, cooking, etc.
8. Plant a tree or rake someone's leaves.
9. Have your kids do a Halloween parade at a senior home
10. Help a single Mom with babysitting, yard work, or maintenance
11. Send a card, email, text, or FB message to someone and let them know what they mean to you or something about them that you love.
12. Mentor someone that is up-and-coming in your field.
13. Do a chore that someone else usually does as a surprise. Laundry, grocery shopping, dishes, etc.
14. Hold the door open for everyone you meet today.
15. Let someone in front of you in line.
16. Buy a cup of coffee for someone in line with you at Starbucks or pay for someone's dinner at a restaurant.
17. Tell someone they look beautiful and mean it. When they smile back, you'll know it.
18. Leave quarters in gumball machines at the mall
19. Leave pennies at a fountain for people to make free wishes.
20. Send someone flowers or, better yet, bring them in person!
21. Stop buy the fire department or police department and bring them donuts or a meal like chili.
22. Donate your old books to the library or a local lending library.
23. Compliment a parent on how well behaved their child is— Tell them they're doing a great job!
24. Compliment someone to their boss.
25. Email or send a card to an old teacher, boss, or mentor and tell them how their leadership has made a difference in your life!
26. Be the bigger person and be the first to reach out to someone you've been avoiding.
27. Call your grandparents or your parents.
28. Write your partner a list of things you love about them.
29. Give lotto tickets to random service providers. Drive through person, store clerk, airport gate attendant, flight attendant, hotel host, etc.
30. Pick up litter while going for a walk or run.

BONUS: Do something nice for yourself too! Celebrate your confidence, empowerment, and heart by recognizing the great things you've done today!